

	362	Maurer	Peter	Heerbrugg	1955	17:21	-	-	-	-	-
	363	Maurer	Melanie	Heerbrugg	1985	19:00	-	-	-	-	-
2.	378	Rupf	Sandra	Walenstadt	1970	22:30	-	-	-	-	55:10
	379	Thalmann	Hanspeter	St.Gallen	1959	15:56	-	-	-	-	-
	380	Gubser	Irene	Mols	1974	16:43	-	-	-	-	-
3.	27	Wetli	Joy	Walenstadt	1992	22:33	-	-	-	-	59:47
	126	Dominic	Baur	Walenstadt	1990	17:30	-	-	-	-	-
	230	Wildhaber	Jannik	Walenstadt	1999	19:44	-	-	-	-	-

Plausch

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	9	Hutter	Jan	Kriessern	1995	13:39	14:41	14:35	-	-	42:55
2.	393	Eberle	Christof	Walenstadt	1972	14:24	14:45	14:33	-	-	43:42
3.	186	Krüger	Ingo	Gestratz	1971	12:30	14:20	-	-	-	(26:50)

U7 männlich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	105	Krüger	Benjamin	Gestratz	2004	01:21	01:30	-	-	-	02:52
2.	295	Stigger	Lars	Haiming	2004	01:21	01:51	-	-	-	03:12
3.	170	Püntener	Romano	Schaan	2004	01:24	01:50	-	-	-	03:14
4.	238	Ess	Nino	Lustenau	2004	01:37	01:48	-	-	-	03:24
5.	359	Thoma	Silas	Flums	2004	01:43	01:52	-	-	-	03:35
6.	148	Winsauer	Jakob	Dornbirn	2004	01:54	02:01	-	-	-	03:54
7.	400	Dähler	Jan	Walenstadt	2004	01:51	02:04	-	-	-	03:55
8.	249	Moosbrugger	Nils	Hohenems	2004	02:10	02:02	-	-	-	04:12
9.	250	Überbacher	Nico	Hohenems	2005	02:15	02:11	-	-	-	04:25
10.	382	Gätzi	Michel	Quarten	2006	02:23	02:18	-	-	-	04:40
11.	245	Prisching	David	Hohenems	2005	02:34	02:14	-	-	-	04:49
12.	157	Walser	Mattia	Walenstadt	2005	02:26	02:37	-	-	-	05:03
13.	401	Matzer	Silas	Thal	2004	02:06	02:59	-	-	-	05:05
14.	325	Steiner	Tim	Tscherlach	2005	02:32	02:36	-	-	-	05:08
15.	360	Weber	Nicolas	Walenstadt	2005	02:44	02:32	-	-	-	05:16
16.	171	Püntener	Marco	Schaan	2005	02:46	02:35	-	-	-	05:21
17.	322	Gätzi	Tom	Walenstadt	2006	03:14	02:53	-	-	-	06:07
18.	386	Dürr	Finn	Eichberg	2005	02:50	04:08	-	-	-	06:58
19.	390	Stähli	Dario	Walenstadt	2004	03:46	04:09	-	-	-	07:55
20.	385	Broder	Andraia	Walenstadt	2007	04:33	04:10	-	-	-	08:43

U7 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	156	Walser	Leila	Walenstadt	2004	01:53	01:58	-	-	-	03:51
2.	311	Häfele	Emilia	Dornbirn	2004	02:15	02:11	-	-	-	04:26
3.	107	Wurm	Eva - maria	Hard	2004	02:18	02:09	-	-	-	04:27
4.	78	Strimmer	Michelle	Dornbirn	2004	02:29	02:14	-	-	-	04:43
5.	402	Thür	Mara	Berneck	2005	02:33	02:13	-	-	-	04:47
6.	55	Feurstein	Lisa	Dornbirn	2005	02:47	02:24	-	-	-	05:11
7.	251	Lampert	Noemi	Hohenems	2005	02:54	02:24	-	-	-	05:18
8.	391	Stähli	Fabienne	Walenstadt	2006	02:59	02:47	-	-	-	05:47
9.	265	Valaulta	Enea	Domat Ems	2005	03:34	03:26	-	-	-	07:00
10.	397	Valaulta	Salome	Domat Ems	2004	03:40	03:23	-	-	-	07:03
11.	384	Broder	Carina	Walenstadt	2006	03:29	03:38	-	-	-	07:07

12.	381	Pugliese	Laura	Walenstadt	2006	03:54	04:11	-	-	-	08:05
13.	383	Gätzi	Nina	Walenstadt	2008	07:54	-	-	-	-	(07:54)

U9 männlich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	50	Dudler	Andrin	Thal	2002	01:14	01:20	01:26	-	-	04:00
2.	342	Tasinato	Marco	Thal	2002	01:15	01:22	01:25	-	-	04:02
3.	39	Leuzinger	Gian luca	Einsiedeln	2002	01:17	01:23	01:24	-	-	04:04
4.	73	Winsauer	Johannes	Dornbirn	2002	01:16	01:26	01:27	-	-	04:09
5.	60	Feurstein	Kilian	Dornbirn	2003	01:20	01:24	01:28	-	-	04:13
6.	267	Cotti	Colin	Thal	2002	01:27	01:25	01:25	-	-	04:16
7.	81	Weder	Justin	Diepoldsau	2002	01:29	01:26	01:24	-	-	04:19
8.	242	Rhomberg	Julian	Batschuns	2002	01:28	01:26	01:27	-	-	04:21
9.	392	Eberle	Andreas	Walenstadt	2003	01:34	01:30	01:31	-	-	04:35
10.	369	Hämmerle	Sven	Höchst	2002	01:26	01:36	01:35	-	-	04:36
11.	290	Rissi	Gabriel	Thal	2002	01:31	01:34	01:32	-	-	04:37
12.	332	Gratzer	Andreas	Haiming	2003	01:34	01:37	01:37	-	-	04:47
13.	243	Stefani	Patrick	Hohenems	2003	01:51	01:34	01:31	-	-	04:56
14.	289	Raimondi	Danilo	Thal	2002	01:36	01:45	01:39	-	-	04:59
15.	77	Geiger	Julian	Dornbirn	2003	01:44	01:40	01:43	-	-	05:08
16.	268	Grab	Nico	Thal	2003	01:49	01:45	01:38	-	-	05:12
17.	371	Gätzi	Toni	Quarten	2003	01:53	01:51	01:35	-	-	05:19
18.	56	Dähler	Philipp	Walenstadt	2003	02:06	01:44	01:39	-	-	05:29
19.	110	Langenegger	Sven	Walenstadt	2003	01:47	01:55	01:53	-	-	05:35
20.	244	Prisching	Tobias	Hohenems	2003	02:14	01:44	01:41	-	-	05:39
21.	67	Hollenstein	Kassian	Dornbirn	2003	01:58	01:51	02:06	-	-	05:55
22.	404	Gubser	Gabriel	Walenstadt	2002	01:59	02:00	01:59	-	-	05:58
23.	263	Walser	Marco	Heiligkreuz	2003	02:19	01:47	01:57	-	-	06:04
24.	273	Wohlgenannt	Luca	Dornbirn	2003	02:13	01:59	01:54	-	-	06:06
25.	403	Senti	Silvan	Quarten	2003	02:27	01:47	01:54	-	-	06:07
26.	387	Wildhaber	Niklas	Walenstadtberg	2002	02:39	01:42	01:46	-	-	06:08
27.	368	Oehy	Kim	Walenstadt	2003	02:32	01:46	01:52	-	-	06:10

U9 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	89	Daubermann	Luisa	Gessertshausen	2002	01:35	01:24	01:24	-	-	04:22
2.	58	Schmid	Vera	Marbach	2002	01:41	01:31	01:27	-	-	04:38
3.	200	Kalberer	Lea	Tscherlach	2002	01:42	01:44	01:34	-	-	05:00
4.	331	Gratzer	Viktoria	Haiming	2003	01:55	01:32	01:34	-	-	05:01
5.	42	Krahl	Selina	Murg	2002	01:55	01:33	01:34	-	-	05:02
6.	365	Rupf	Mara	Walenstadt	2002	01:49	01:42	01:37	-	-	05:08
7.	308	Leitner	Maria	Ötztal Bahnhof	2003	01:53	01:50	01:38	-	-	05:21
8.	191	Göldi	Nicole	Sennwald	2002	01:56	01:50	01:44	-	-	05:31
9.	246	Lampert	Ronja	Mäder	2003	02:01	01:45	01:50	-	-	05:36
10.	372	Kluth	Anna	Walenstadt	2003	02:06	01:46	01:45	-	-	05:37
11.	389	Bartz	Pauline	Walenstadt	2003	02:00	01:50	01:48	-	-	05:38
12.	150	Wildhaber	Gina	Walenstadt	2003	02:04	01:53	01:50	-	-	05:47
13.	395	Hollenstein	Mareen	Schaan	2002	02:15	01:46	01:50	-	-	05:52

U11 männlich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
------	----	------	---------	-----	----	---	---	---	---	---	------------

1.	93	Wollenberg	Tim	Stadtbergen	2000	05:03	05:15	-	-	-	10:18
2.	106	Krüger	Maximilian	Gestratz	2001	05:28	05:16	-	-	-	10:43
3.	302	Bair	Mario	Ötztal Bahnhof	2001	05:27	05:27	-	-	-	10:54
4.	70	Paterno	Benedikt	Dornbirn	2001	05:34	05:35	-	-	-	11:09
5.	394	Alicke	Konstantin	Balzers	2000	05:43	05:54	-	-	-	11:37
6.	231	Lussnig	Nicolas	Klaus	2001	05:47	05:53	-	-	-	11:40
7.	71	Strimmer	Luca	Dornbirn	2000	05:49	05:51	-	-	-	11:41
8.	11	Thür	Stiven	Berneck	2001	05:46	05:55	-	-	-	11:41
9.	398	Valaulta	Silas	Domat Ems	2000	05:50	06:03	-	-	-	11:53
10.	31	Schaffhauser	Ivo	Roggwil	2000	05:53	06:03	-	-	-	11:57
11.	303	Pohl	Ronald	Haiming	2000	05:57	06:01	-	-	-	11:58
12.	30	Wagner	Jeremias	Thal	2001	06:06	06:03	-	-	-	12:09
13.	103	Seitz	Lukas	Berneck	2000	06:03	06:09	-	-	-	12:12
14.	235	Isopp	Manuel	Hohenems	2000	06:10	06:17	-	-	-	12:27
15.	252	Bürge	Oliver	Walenstadt	2001	06:12	06:24	-	-	-	12:36
16.	304	Häfele	David	Dornbirn	2001	06:17	06:24	-	-	-	12:41
17.	240	Jäger	Thiemo	Klaus	2000	06:47	06:18	-	-	-	13:06
18.	124	Rodighiero	Renato	Appenzell Steinegg	2000	06:39	06:44	-	-	-	13:23
19.	388	Wildhaber	Janik	Walenstadtberg	2000	06:44	06:49	-	-	-	13:33
20.	239	Höfle	Niklas	Mäder	2000	06:48	06:49	-	-	-	13:37
21.	76	Geiger	Mathias	Dornbirn	2001	06:46	06:53	-	-	-	13:40
22.	337	Tschirky	Gabriel	Walenstadt	2001	07:04	07:18	-	-	-	14:22
23.	237	Ess	Aaron	Lustenau	2001	07:03	07:23	-	-	-	14:27
24.	241	Rhomberg	Alessandro	Batschuns	2000	06:38	08:08	-	-	-	14:46
25.	125	Rodighiero	Ramon	Appenzell Steinegg	2001	07:37	07:57	-	-	-	15:34
26.	280	Häberli	Silvan	Andwil TG	2001	07:57	08:25	-	-	-	16:22
27.	338	Thaler	Samuel	Fussach	2001	08:18	09:05	-	-	-	17:23

U11 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	298	Herz	Celina	Haiming	2000	05:26	05:39	-	-	-	11:04
2.	296	Stigger	Laura	Haiming	2000	05:26	05:39	-	-	-	11:05
3.	64	Hämmerle	Paula	Dornbirn	2000	05:53	05:49	-	-	-	11:42
4.	275	Blöchlinger	Ronja	Heiden	2001	05:54	05:52	-	-	-	11:46
5.	300	Leitner	Victoria	Ötztal Bahnhof	2000	06:23	06:43	-	-	-	13:06
6.	95	Wurm	Laura	Fussach	2001	06:36	06:47	-	-	-	13:23
7.	21	Bandel	Fabienne	Lüchingen	2000	06:50	06:49	-	-	-	13:39
8.	66	Hollenstein	Agnes	Dornbirn	2000	06:57	06:54	-	-	-	13:51
9.	214	Hollenstein	Lona	Schaan	2000	06:47	07:04	-	-	-	13:51
10.	333	Walser	Alina	Haiming	2001	06:58	06:57	-	-	-	13:55
11.	33	Dürr	Chiara	Eichberg	2000	07:05	07:16	-	-	-	14:21
12.	346	Fässler	Tamara	Eichberg	2000	07:20	07:05	-	-	-	14:25
13.	294	Cinesi	Gianna	Thal	2000	07:24	07:20	-	-	-	14:44
14.	272	Dürr	Sira	Eichberg	2000	07:39	07:18	-	-	-	14:57
15.	377	Steiger	Joana	Altstätten	2001	07:22	07:42	-	-	-	15:03
16.	254	Walser	Natalie	Heiligkreuz	2001	08:28	08:15	-	-	-	16:43
17.	98	Langenegger	Ania	Walenstadt	2001	08:17	08:28	-	-	-	16:45
18.	51	Harangozo	Desere	Höchst	2001	08:29	08:50	-	-	-	17:20

U13 männlich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	212	Niemann	Nico	Egg	1998	05:57	05:56	-	-	-	11:53
2.	36	Hofmann	Reto	Wald	1998	06:01	06:15	-	-	-	12:16
3.	228	Amann	Dominik	Hohenems	1999	06:09	06:20	-	-	-	12:29
4.	28	Wagner	Elias	Thal	1998	06:18	06:18	-	-	-	12:35
5.	229	Pesut	Nino	Altach	1999	06:20	06:26	-	-	-	12:47
6.	59	Schmid	Jan	Marbach	1998	06:12	06:38	-	-	-	12:50
7.	34	Göldi	Michael	Sennwald	1998	06:23	06:28	-	-	-	12:51
8.	79	Ilg	Pius	Dornbirn	1999	06:19	06:34	-	-	-	12:53
9.	75	Wohlgenannt	Hannes	Dornbirn	1998	06:26	06:29	-	-	-	12:55
10.	72	Traunig	Raimund	Dornbirn	1998	06:25	06:39	-	-	-	13:04
11.	205	Luz	Ludwig	Vaduz	1998	06:21	06:47	-	-	-	13:08
12.	301	Bair	Daniel	Ötztal Bahnhof	1999	06:38	06:59	-	-	-	13:37
13.	140	Manser	Raffael	Lömmenschwil	1998	06:49	06:54	-	-	-	13:44
14.	61	Gabriel	Nico	Dornbirn	1998	06:51	06:55	-	-	-	13:46
15.	120	Brunold	Andreas	Alberschwende	1998	06:46	07:13	-	-	-	13:59
16.	5	Jenny	Luca	Jenaz	1999	07:00	07:02	-	-	-	14:02
17.	99	Peter	Louis	Thal	1998	07:00	07:08	-	-	-	14:08
18.	83	Bister	Ramon	Thal	1999	07:12	07:00	-	-	-	14:13
19.	279	Girardi	Loris	Wangs	1999	07:07	07:16	-	-	-	14:23
20.	185	Matzer	Luca nando	Thal	1998	07:13	07:14	-	-	-	14:27
21.	32	Dürr	Steven	Eichberg	1998	07:17	07:25	-	-	-	14:42
22.	266	Kurer	Sandro	Berneck	1998	07:19	07:25	-	-	-	14:44
23.	299	Zünd	Nico	Widnau	1999	07:12	07:35	-	-	-	14:46
24.	24	Stofer	Benj	Stachen	1999	07:22	07:27	-	-	-	14:49
25.	17	Egli	Rouven	Eichberg	1999	07:18	07:38	-	-	-	14:56
26.	85	Drexel	Paul	Dornbirn	1999	07:21	07:44	-	-	-	15:05
27.	160	Untersander	Pino	Walenstadt	1999	07:20	07:46	-	-	-	15:06
28.	320	Motzer	Melven	Thal	1999	07:32	08:05	-	-	-	15:36
29.	216	Gervasoni	Timo	Walenstadt	1998	07:44	08:15	-	-	-	16:00
30.	232	Keckeis	Benjamin	Hohenems	1999	08:04	08:05	-	-	-	16:09
31.	149	Wildhaber	Jannik	Walenstadt	1999	08:01	08:22	-	-	-	16:23
32.	25	Stofer	Marco	Stachen	1999	08:16	08:17	-	-	-	16:33
33.	366	Gartmann	Mika	Valens	1999	08:22	08:12	-	-	-	16:35
34.	133	Gehriger	Jerome	Wilen-Gottshaus	1998	08:26	08:17	-	-	-	16:43
35.	336	Hollenstein	Charlie	St.Gallen	1999	08:25	08:39	-	-	-	17:04
36.	396	Böni	Manuel	Mels	1999	08:07	08:58	-	-	-	17:05
37.	330	Wildhaber	Sebastian	Walenstadtberg	1998	08:22	08:56	-	-	-	17:17
38.	38	Konecnik	Marc	Roggwil	1998	08:52	09:24	-	-	-	18:17
39.	318	Wirth	Florian	Roggwil	1998	09:40	10:01	-	-	-	19:41
40.	196	Berther	Sep curdin	St.Gallen	1999	10:07	10:26	-	-	-	20:34
41.	351	Lauener	Liam	Sulgen	1999	11:08	15:50	-	-	-	26:57

U13 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	108	Hottinger	Olivia	Esslingen	1998	06:33	06:38	-	-	-	13:11
2.	305	Spielmann	Anna	Haiming	1998	06:34	07:02	-	-	-	13:36
3.	88	Daubermann	Leonie	Gessertshausen	1999	06:41	07:18	-	-	-	13:59
4.	20	Bandel	Vanessa	Lüchingen	1998	07:10	07:12	-	-	-	14:22
5.	69	Paterno	Pauline	Dornbirn	1999	07:49	07:51	-	-	-	15:40
6.	297	Zünd	Joana	Widnau	1998	07:53	08:12	-	-	-	16:06
7.	233	Rüdisser	Nicole	Hohenems	1999	07:54	08:12	-	-	-	16:06

8.	65	Hess	Emma	Dornbirn	1999	08:08	08:33	-	-	-	16:41
9.	234	Isopp	Lisa	Hohenems	1998	08:32	08:57	-	-	-	17:29
10.	399	Schober	Anina	Thal	1998	09:05	10:00	-	-	-	19:05
11.	376	Steiger	Chiara	Altstätten	1999	09:29	10:47	-	-	-	20:16

U15 männlich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	94	Aeberli	Roger	Aeugstertal	1996	11:51	12:35	-	-	-	24:26
2.	54	Inauen	Benjamin	Weissbad-Steinegg	1996	12:02	12:49	-	-	-	24:51
3.	209	Grab	Joel	Ebmatingen	1997	12:17	12:42	-	-	-	24:59
4.	355	Katzer	Manuel	Weiler im Allgäu	1996	12:18	12:59	-	-	-	25:17
5.	115	Thoma	Dario	Walenstadt	1997	12:13	13:20	-	-	-	25:33
6.	167	Langenegger	Luca	Appenzell	1997	12:36	13:22	-	-	-	25:58
7.	350	Handl	Philip	Pfaffenhofen	1996	12:55	14:05	-	-	-	27:00
8.	45	Neff	Silvan	Appenzell Steinegg	1997	13:40	13:45	-	-	-	27:25
9.	114	Stillhart	Lars	Fontnas	1996	13:21	14:16	-	-	-	27:38
10.	37	Lauener	Ramon	Sulgen	1997	13:41	14:17	-	-	-	27:58
11.	162	Kindle	Niko	Triesen	1996	13:47	14:17	-	-	-	28:04
12.	139	Schwar	Lukas	Hohenems	1996	14:00	14:46	-	-	-	28:46
13.	348	Söldi	Claudio	Altstätten	1997	13:47	15:10	-	-	-	28:56
14.	82	Müggler	Remo	Thal	1996	14:20	14:49	-	-	-	29:09
15.	226	Kofler	Johannes	Hohenems	1996	14:24	15:19	-	-	-	29:43
16.	188	Sräga	Sebastian	Bad Hindelang	1996	14:39	15:16	-	-	-	29:55
17.	63	Hagen	Lorenz	Lustenau	1997	14:21	15:50	-	-	-	30:11
18.	190	Wachter	Johannes	Bad Hindelang	1996	14:46	15:31	-	-	-	30:17
19.	204	Dürr	Marc	Bad Hindelang	1996	15:08	15:31	-	-	-	30:39
20.	112	Remmele	Niklas	Heimenkirch	1997	15:01	15:59	-	-	-	31:00
21.	2	Wüst	Michael	Thal	1997	15:46	16:11	-	-	-	31:57
22.	270	Schläpfer	Moritz	St.Gallen	1996	15:47	16:24	-	-	-	32:11
23.	259	Eugster	Robin	Widnau	1997	16:03	16:40	-	-	-	32:43
24.	310	Haueis	Matthias	Strengen	1997	16:09	16:35	-	-	-	32:44
25.	352	Hübscher	Adrian	Sulgen	1996	16:07	16:50	-	-	-	32:57
26.	334	Peiker	Johannes	Dornbirn	1997	17:46	18:14	-	-	-	36:00
27.	281	Girardi	Sandro	Wangs	1997	17:18	19:21	-	-	-	36:39
28.	177	Sutter	Philipp	Appenzell	1997	18:21	19:14	-	-	-	37:36
29.	375	Gottardo	Marco	Bütschwil	1997	20:20	22:16	-	-	-	42:36

U15 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	87	Daubermann	Antonia	Deutschland	1997	14:32	14:54	-	-	-	29:26
2.	227	Amann	Melanie	Hohenems	1997	14:43	16:05	-	-	-	30:48
3.	4	Loher	Giuliana	Altstätten	1997	15:04	16:16	-	-	-	31:21
4.	306	Oberhofer	Marina	Tarrenz	1996	15:25	16:26	-	-	-	31:51
5.	255	Marquart	Anja	Eichberg	1996	16:23	16:18	-	-	-	32:41
6.	202	Fässler	Nadja	Weissbad	1996	16:11	16:50	-	-	-	33:01
7.	80	Ilg	Johanna	Dornbirn	1997	16:00	17:14	-	-	-	33:14
8.	129	Flucher	Alexandra	Grabs	1996	16:10	17:41	-	-	-	33:52
9.	138	Hensel	Cristina	Thal	1996	17:23	18:26	-	-	-	35:48
10.	307	Oberhofer	Sarah	Tarrenz	1997	16:59	19:14	-	-	-	36:12
11.	74	Wohlgenannt	Selina	Dornbirn	1997	17:48	19:42	-	-	-	37:29

12.	68	Höbel	Aurelia	Hindelang	1996	18:10	19:21	-	-	-	37:30
13.	137	Kappeler	Madlen	Bad Hindelang	1997	18:56	20:08	-	-	-	39:04
14.	269	Stieger	Nadine	Altstätten	1997	19:49	21:49	-	-	-	41:38
15.	309	Grest	Marina	Jenaz	1997	21:42	28:32	-	-	-	50:14

U17 männlich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	41	Vetsch	Enea	Berneck	1994	11:06	11:41	12:14	-	-	35:00
2.	208	Grab	Dominic	Ebmatingen	1995	11:08	12:00	12:18	-	-	35:26
3.	146	Vitzthum	Simon	Rheineck	1995	11:45	12:04	12:14	-	-	36:03
4.	221	Gasperi	Marco	Dornbirn	1995	11:45	12:09	12:31	-	-	36:25
5.	345	Techt	Marcel	Lindau	1995	11:55	12:25	12:20	-	-	36:40
6.	122	Humm	Marcel	Schönenberg	1995	11:55	12:30	12:37	-	-	37:02
7.	222	Salzmann	Jodok	Dornbirn	1995	11:54	12:41	12:58	-	-	37:33
8.	128	Flucher	Raphael	Grabs	1994	12:08	12:51	12:48	-	-	37:47
9.	57	Ilg	Jakob	Dornbirn	1995	12:04	13:10	12:46	-	-	38:00
10.	317	Mündle	Andreas	Mauren	1995	11:54	13:08	13:09	-	-	38:10
11.	335	Schmidt	Paul	Werdenberg	1995	12:35	12:58	12:50	-	-	38:23
12.	111	Enrich	Elias	Simmerberg	1995	12:07	13:17	13:28	-	-	38:52
13.	179	Eisenbarth	Pirmin	Lindau	1995	12:37	13:25	12:58	-	-	39:00
14.	130	Hagspiel	Elias	Hittisau	1994	12:42	13:23	13:26	-	-	39:31
15.	161	Langenegger	Fabian	Appenzell Steinegg	1994	12:31	13:30	13:46	-	-	39:47
16.	261	Neff	Lukas	Thal	1995	13:00	13:40	13:41	-	-	40:21
17.	223	Aberer	David	Hohenems	1995	13:15	13:40	13:45	-	-	40:40
18.	341	Schenk	Leonhard	Bad Hindelang	1994	13:11	13:55	13:57	-	-	41:03
19.	319	Motzer	Kilian	Thal	1994	13:01	13:57	14:09	-	-	41:07
20.	1	Wüst	Christian	Thal	1994	13:46	14:18	13:37	-	-	41:41
21.	100	Cavallo	Alexander	Achberg	1994	13:15	14:29	14:01	-	-	41:45
22.	256	Arnold	Max	Scheidegg	1994	13:31	14:29	13:53	-	-	41:54
23.	46	Neff	Pascal	Appenzell Steinegg	1995	14:00	14:55	14:26	-	-	43:21
24.	14	Schober	Sandro	Thal	1995	14:03	15:02	14:37	-	-	43:42
25.	97	Grath	Magnus	Simmerberg	1995	14:02	15:01	15:03	-	-	44:06
26.	158	Schefer	Severin	Winterthur	1995	15:59	17:03	16:59	-	-	50:01
27.	203	Lüthi	Valentin	Altstätten	1995	16:36	18:07	17:25	-	-	52:09
28.	206	Metzger	Simon	Schwarzenbach	1995	16:01	17:34	18:40	-	-	52:14
29.	327	Gimnich	Matthias	Bad Hindelang	1995	18:24	18:30	-	-	-	(36:54)
30.	293	Stocklin	Alex	Wattwil	1995	16:51	20:24	-	-	-	(37:15)

U17 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	344	Brüchle	Veronika	Niederstaufen	1995	13:48	14:28	14:32	-	-	42:48
2.	47	Forchini	Ramona	Wattwil	1994	13:58	14:42	14:39	-	-	43:19
3.	354	Katzer	Franziska	Weiler im Allgäu	1994	14:28	15:27	15:11	-	-	45:06
4.	49	Müggler	Eliane	Thal	1994	13:59	15:25	17:01	-	-	46:25
5.	343	Hener	Amelie	Niederstaufen	1994	15:15	16:06	16:09	-	-	47:30
6.	62	Hagen	Franziska	Lustenau	1995	15:54	16:44	16:36	-	-	49:14
7.	225	Lampert	Natascha	Hohenems	1994	16:18	16:45	16:23	-	-	49:26
8.	224	Mock	Lisa maria	Frastanz	1995	16:09	17:35	16:54	-	-	50:38
9.	292	Grest	Patrizia	Jenaz	1994	17:12	18:20	-	-	-	(35:32)
10.	15	Egli	Angi	Eichberg	1995	16:23	20:24	-	-	-	(36:47)

U19 männlich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	199	Jenny	Roger	Jenaz	1993	11:48	12:13	12:14	12:25	-	48:41
2.	19	Koller	Ronny	Berneck	1992	11:32	12:13	12:36	13:04	-	49:25
3.	219	Jäger	Fabian	Hohenems	1993	11:46	12:28	12:43	12:40	-	49:36
4.	131	Tambarikas	Nico	Buchs	1992	11:46	12:26	12:48	13:09	-	50:10
5.	282	Häberli	Fabian	Andwil TG	1992	12:15	12:52	13:20	13:06	-	51:33
6.	194	Geiger	Martin	Dornbirn	1992	13:16	13:03	13:26	13:10	-	52:55
7.	220	Pesut	Marco	Altach	1993	12:39	13:12	13:56	13:36	-	53:23
8.	35	Bislin	Remo	Pfäfers	1992	13:04	13:16	13:30	13:35	-	53:25
9.	53	Frei	Daniel	Widnau	1992	12:24	13:39	14:01	14:23	-	54:27
10.	189	Wachter	Christoph	Bad Hindelang	1993	12:23	12:59	13:03	16:48	-	55:13
11.	367	Schraner	Tobias	Au	1993	13:03	13:38	14:36	14:18	-	55:35
12.	43	Dörig	Sandro	Appenzell	1993	13:20	13:48	14:18	14:27	-	55:54
13.	210	Nay	Pascal	Zizers	1993	14:08	14:27	14:43	14:52	-	58:11
14.	192	Müller	Jan	Appenzell	1993	13:44	14:40	14:55	15:25	-	58:44
15.	349	Germann	Michael	Buchs	1992	15:28	17:13	17:31	-	-	(50:12)
16.	121	Humm	Daniel	Schönenberg	1992	11:58	13:12	-	-	-	(25:09)
17.	198	Oertli	Kilian	Schwellbrunn	1993	13:17	14:33	-	-	-	(27:50)

U19 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	132	Gehriger	Carmen	Wilten-Gottshaus	1992	15:23	16:42	17:12	-	-	49:17
2.	86	Ackermann	Nadja	Obstalden	1992	16:35	17:07	17:50	-	-	51:31

Cross Country Walenstadt 02.05.2010

Damen

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	84	Litscher	Susanne	St.Gallen	1985	13:39	14:22	15:01	14:52	-	57:53
2.	313	Maurer	Sabrina	Berneck	1989	14:05	14:31	15:09	15:29	-	59:15
3.	211	Speck	Erika	Appenzell	1988	15:03	15:43	15:44	16:02	-	01:02:33
4.	262	Neff	Nadja	Thal	1991	15:04	15:43	15:44	17:03	-	01:03:34
5.	166	Girardi	Claudia	Sargans	1982	15:19	15:47	16:34	-	-	(47:40)
6.	163	Camenisch	Sabrina	Felsberg	1986	16:13	16:24	16:39	-	-	(49:16)
7.	329	Bantli	Selina	Felsberg	1984	16:16	16:29	17:16	-	-	(50:01)
8.	101	Inauen	Rebecca	Appenzell- Steinegg	1991	16:16	16:29	17:19	-	-	(50:04)
9.	236	Manser- Hungerbühler	Myrta	Gams	1972	16:57	17:47	18:52	-	-	(53:36)
10.	10	Nesensohn	Renate	Laterns	1981	17:45	18:53	24:56	-	-	(01:01:35)

Herren 1

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	29	Wildhaber	Gusti	Walenstadt	1988	11:05	11:14	11:12	11:21	11:04	55:56
2.	155	Graf	Joel	Walzenhausen	1985	11:19	11:21	11:23	11:37	11:38	57:18
3.	286	Oswald	Jakob	Wangs	1982	11:57	11:31	11:36	11:32	11:57	58:32
4.	180	Zünd	Andreas	Oberriet	1981	11:51	11:50	11:53	11:47	11:47	59:07
5.	357	Anrig	Lukas	Sargans	1985	11:19	11:52	12:31	11:53	11:38	59:14
6.	141	Hilbe	Sebastian	Dornbirn	1989	11:54	11:34	11:52	12:17	11:46	59:23
7.	6	Wicki	Michael	Widnau	1991	11:35	11:53	11:36	12:33	12:01	59:37
8.	152	Tobler	Stephan	Bad Ragaz	1979	12:27	12:03	12:14	12:08	12:25	01:01:16
9.	340	Marcell	Grüner	Sölden	1981	12:32	12:13	12:04	12:37	12:13	01:01:39
10.	324	Kliebenschädel	Stefan	Bütschwil	1979	12:37	12:08	12:16	12:26	12:12	01:01:39
11.	257	Metzler	Marc	Balgach	1989	11:56	12:11	12:36	12:56	13:09	01:02:48
12.	127	Walt	Markus	Oberriet	1980	12:44	12:33	12:24	12:37	12:33	01:02:51
13.	18	Wildhaber	Marco	Flumserberg	1991	12:40	12:43	13:02	12:50	12:49	01:04:03
14.	316	Mündle	Benedikt	Mauren	1991	12:24	12:57	13:16	13:36	12:18	01:04:31
15.	144	Leuzinger	Patrick	Ennenda	1989	13:04	12:24	12:56	13:13	12:57	01:04:33
16.	321	Rechsteiner	Marcel	Appenzell	1989	13:19	13:16	12:52	12:38	12:38	01:04:43
17.	154	Eichenberger	Pascal	Thal	1988	12:43	12:59	13:02	13:07	13:02	01:04:53
18.	117	Frei	Stefan	Wil	1983	13:09	13:02	13:18	13:08	13:02	01:05:39
19.	312	Niffeler	Nicolas	Sargans	1981	13:30	13:13	13:06	13:14	13:00	01:06:02
20.	356	Dietrich	Roman	Appenzell	1982	12:54	13:20	13:11	13:14	13:28	01:06:07
21.	147	Heuscher	Marco	Ilanz	1984	13:08	13:07	13:09	13:36	13:16	01:06:16
22.	339	Köll	Daniel	Tarrenz	1990	13:14	12:59	13:15	13:51	13:10	01:06:30
23.	258	Inauen	Lorenz	Appenzell	1989	13:13	13:01	13:56	13:38	12:59	01:06:47
24.	104	Berger	Christian	Diepoldsau	1979	13:19	13:20	13:28	13:50	14:01	01:07:58
25.	48	Mannhart	Beat	Trübbach	1982	13:56	13:47	13:41	13:32	13:07	01:08:03
26.	181	Zakovsky	Martin	Balgach	1985	13:51	13:34	13:37	13:39	14:28	01:09:08
27.	217	Mittelholzer	Marc	Appenzell	1990	13:38	13:39	14:19	14:30	-	(56:06)
28.	176	Vetsch	Christian	Mels	1981	13:23	13:30	17:05	13:32	-	(57:30)

29.	193	Zindel	Räto	Maienfeld	1980	15:01	15:00	14:55	14:58	-	(59:54)
30.	213	Liesch	Michael	Felsberg	1984	15:08	15:29	15:47	15:39	-	(01:02:02)
31.	26	Manser	Sandro	Appenzell- Eggerstand.	1987	15:01	15:51	15:16	15:55	-	(01:02:03)
32.	145	Hüppi	Ramon	Balgach	1984	16:24	16:45	16:45	16:30	16:45	(01:06:24)
33.	315	Schmid	Thomas	Diepoldsau	1990	12:46	12:46	12:55	-	-	(38:27)
34.	118	John	Thomas	Mels	1986	13:36	15:04	-	-	-	(28:40)

Herren 2

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	12	Thür	Remo	Berneck	1967	12:21	12:15	12:13	12:17	12:39	01:01:45
2.	169	Bernold	Walter	Gams	1973	12:25	12:17	12:15	12:38	12:33	01:02:08
3.	165	Girardi	Simon	Sargans	1976	12:45	12:29	12:25	12:36	12:24	01:02:40
4.	109	Grimm	Oliver	Mauren	1978	13:17	12:46	12:32	12:35	12:25	01:03:35
5.	175	Bischofberger	Guido	Oberegg	1968	12:53	12:56	12:58	13:03	12:52	01:04:42
6.	253	Baumann	Patrik	Appenzell	1972	13:15	12:44	12:59	13:04	12:43	01:04:44
7.	92	Pesut	Pedi	Altach	1972	12:54	13:27	13:04	13:31	13:04	01:05:59
8.	374	Müller	Peter	Wermatswil	1967	13:39	13:06	13:35	13:47	13:55	01:08:01
9.	207	Steiger	Reto	St.Gallen	1977	13:42	13:40	13:37	13:37	13:58	01:08:34
10.	323	Lichtensteiger	Ruedi	Widnau	1971	13:40	14:06	14:46	14:40	-	(57:11)
11.	178	Ritter	Jürgen	Widnau	1973	13:57	14:24	14:42	15:11	-	(58:13)
12.	174	Steiger	Patrik	Altstätten	1976	15:10	15:05	15:40	15:58	-	(01:01:54)
13.	184	Bossard	Rene	Altstätten	1968	15:00	15:54	17:15	16:23	-	(01:04:32)
14.	13	Kuster	Erich	Appenzell - Eggersta.	1975	11:26	-	-	-	-	(11:26)
15.	278	Girardi	Thomas	Wangs	1968	11:33	-	-	-	-	(11:33)
16.	102	Seitz	Bruno	Berneck	1967	14:13	-	-	-	-	(14:13)

Herren 3

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	260	Neff	Markus	Thal	1963	12:04	12:53	12:55	13:30	-	51:21
2.	7	Graf	Urs	Kriessern	1958	12:27	13:04	13:14	14:03	-	52:48
3.	168	Liesch	Georg	Grub SG	1963	13:38	14:01	14:16	14:03	-	55:59
4.	8	Widmer	Andy	Altstätten	1960	13:18	14:16	14:22	14:09	-	56:05
5.	326	Salzmann	Martin	Dornbirn	1960	13:49	13:51	14:17	14:17	-	56:13
6.	153	Marquart	Simon	Eichberg	1963	13:27	14:11	14:32	14:13	-	56:23
7.	22	Schmid	Felix	Summaprada	1959	13:49	14:04	14:17	14:30	-	56:40
8.	91	Rieser	Marcel	Wittenbach	1960	13:05	14:32	15:05	15:36	-	58:18
9.	291	Cadonau	Gion	Flond	1963	14:11	14:21	14:58	15:06	-	58:36
10.	44	Sonderegger	Sepp	Altstätten	1959	14:10	14:38	15:34	15:53	-	01:00:15
11.	370	Denzler	Reto	Sargans	1963	14:48	15:58	15:05	14:44	-	01:00:35
12.	113	Dobler	Sepp	Appenzell	1956	14:09	14:54	15:28	16:06	-	01:00:37
13.	314	Oertli	Heiri	Schwellbrunn	1959	15:12	15:24	15:34	15:14	-	01:01:24
14.	3	Eggenberger	Christian	St. Gallen	1961	14:35	15:16	15:56	16:00	-	01:01:46
15.	151	Kübele	Rolf	Heiden	1963	14:57	15:40	15:44	15:55	-	01:02:15
16.	287	Kehl	Ruedi	Diepoldsau	1950	16:05	-	-	-	-	(16:05)
17.	16	Egli	Rene	Eichberg	1963	17:59	-	-	-	-	(17:59)

Mannschaft Fun

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	361	Maurer	Sabrina	Berneck	1989	18:41	-	-	-	-	55:01