

Cross-Country Walenstadt 13.Mai 2012

Damen

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	311	Speck	Erika	Appenzell	1988	14:55.6	13:45.8	13:37.9	13:41.4	-	56:00.6
2.	362	Hartmann	Daniela	Zizers	1966	14:55.9	13:45.9	13:51.6	14:04.5	-	56:38.0
3.	350	Neff	Nadja	Thal	1991	14:55.2	14:23.4	14:54.4	16:16.0	-	01:00:29.0

Herren 1

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	98	Zünd	Andreas	Oberriet	1981	10:14.0	10:52.8	10:56.4	11:01.8	10:32.5	53:37.6
2.	393	Koller	Ronny	Berneck	1992	10:13.2	10:54.4	11:01.5	10:55.3	10:41.5	53:45.9
3.	261	Oswald	Jakob	Wangs	1982	10:36.5	10:55.8	11:06.6	10:48.4	10:47.7	54:15.0
4.	99	Hutter	Michael	Balgach	1986	10:14.8	11:00.1	11:07.7	11:06.0	11:19.3	54:47.9
5.	395	Grüner	Marcell	Sölden	1981	10:35.7	10:51.6	11:14.0	11:10.8	11:05.8	54:57.9
6.	322	Vincenz	Dumeni	Andiast	1989	10:13.3	10:55.9	11:30.1	11:43.4	11:15.5	55:38.2
7.	224	Graf	Joel	Walzenhausen	1985	10:16.7	11:24.8	11:34.6	11:35.0	11:09.6	56:00.6
8.	151	Schmid	Thomas	Diepoldsau	1990	10:34.1	11:50.7	11:35.3	11:15.7	11:19.3	56:35.2
9.	105	Wicki	Michael	Widnau	1991	10:34.6	11:28.7	11:56.0	11:36.1	11:18.3	56:53.7
10.	434	Wildhaber	Gusti	Walenstadt	1988	10:34.0	12:47.5	11:18.9	11:32.1	10:50.7	57:03.2
11.	190	Reichart	Matthias	Scheidegg	1991	10:56.3	11:48.5	11:45.7	11:41.7	11:25.0	57:37.2
12.	385	Nay	Pascal	Zizers	1993	10:57.8	11:31.1	11:29.8	11:41.7	11:59.3	57:39.7
13.	437	Vogler	Stefan	Reutte	1991	11:27.7	11:39.6	11:44.0	11:48.9	11:42.5	58:22.7
14.	253	Rechsteiner	Marcel	Appenzell	1989	11:19.4	11:47.1	11:43.0	11:55.3	11:47.2	58:32.0
15.	325	Inauen	Stefan	Brülisau	1988	11:27.1	11:39.5	12:01.2	11:55.0	11:50.5	58:53.3
16.	435	Pesut	Marco	Altach	1993	11:18.4	11:49.1	12:00.4	11:54.9	12:02.4	59:05.2
17.	438	Wildhaber	Marco	Flumserberg	1991	11:26.6	12:03.5	12:06.0	12:07.6	11:52.4	59:36.2
18.	208	Müller	Jan	Appenzell	1993	11:39.3	12:12.5	12:15.9	12:08.1	11:27.2	59:42.9
19.	443	Anrig	Fabian	Sargans	1987	11:33.2	11:56.1	12:18.6	12:18.0	11:59.0	01:00:04.9
20.	402	Casutt	Silvan	Chur	1992	11:25.7	12:40.1	12:02.5	12:27.0	12:02.0	01:00:37.4
21.	396	Daniel	Köll	Tarrenz	1990	11:32.0	12:33.3	13:03.6	12:22.5	11:58.9	01:01:30.3
22.	204	Dörig	Sandro	Appenzell	1993	11:32.9	12:18.6	12:51.2	12:45.3	12:48.2	01:02:16.2
23.	314	Niffeler	Nicolas	Sargabs	1981	12:02.9	12:35.4	12:47.7	12:46.8	12:40.8	01:02:53.6
24.	353	Vincenz	Linard	Andiast	1993	12:06.9	12:56.3	13:31.2	12:46.5	12:08.5	01:03:29.3
25.	394	Zogg	Fabian	Buchs	1991	11:33.7	12:58.4	13:15.2	13:16.8	13:45.8	01:04:50.0
26.	259	Candinas	Gabriel	Sedrun	1985	12:21.4	13:13.1	13:28.1	13:27.2	13:32.9	01:06:02.6
27.	154	Richard	Halberstat	Lauterach	1991	13:41.4	15:31.2	15:44.9	14:54.9	-	(59:52.4)

Herren 2

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	245	Baumann	Urs	Igis	1967	10:15.2	10:51.4	10:56.5	11:01.9	10:50.3	53:55.2
2.	284	Arpagaus	Ignaz	Sagogn	1969	10:54.0	11:08.8	11:22.7	11:25.9	11:19.0	56:10.4
3.	430	Räss	Dani	Appenzell	1974	11:17.6	11:27.7	11:42.3	11:51.5	11:41.3	58:00.4
4.	258	Deplazes	Sascha	Sedrun	1975	11:05.1	11:43.8	11:51.4	11:53.9	11:40.2	58:14.4
5.	278	Ilg	Christof	Dornbirn	1972	11:21.2	11:51.6	11:55.9	12:04.5	12:01.6	59:14.8
6.	256	Berger	Christian	Diepoldsau	1979	11:17.3	12:19.1	12:05.6	12:05.4	11:31.6	59:19.0
7.	129	Walt	Markus	Oberriet	1980	11:15.5	11:50.7	12:10.4	12:26.9	11:51.3	59:34.8
8.	399	Bernold	Walter	Gams	1973	11:26.5	12:04.5	12:06.1	12:14.4	11:45.3	59:36.7
9.	227	Baumann	Patrik	Appenzell	1972	11:36.9	12:10.9	12:19.6	12:08.2	11:58.6	01:00:14.2
10.	442	Grimm	Oliver	Mauren	1978	11:48.1	12:20.2	12:24.1	12:23.1	12:27.1	01:01:22.6

11.	10 Girardi	Simon	Mels	1976	12:04.3	12:15.5	12:29.4	12:29.1	12:21.3	01:01:39.6
12.	356 Müller	Peter	Wermatswil	1967	12:15.0	12:40.9	12:57.1	12:50.0	12:35.8	01:03:18.8
13.	179 Pesut	Pedi	Klaus	1972	11:59.8	13:33.1	13:01.2	12:47.5	12:04.5	01:03:26.1
14.	63 Weder	Dario	Diepoldsau	1971	12:58.3	13:39.7	14:07.6	14:06.8	14:20.1	01:09:12.4
15.	444 Hochmann	Roland	Felsberg	1971	13:21.0	14:13.6	14:06.7	14:07.9	13:30.3	01:09:19.5
16.	397 Wysocki	Radek	Mels	1968	13:04.6	13:55.2	14:19.1	14:08.9	14:02.3	01:09:30.2
17.	13 Ritter	Jürgen	Berneck	1973	12:41.4	13:32.1	14:30.2	13:51.0	-	(54:34.8)
18.	392 Eberle	Christof	Walenstadt	1972	13:21.4	13:42.5	14:14.7	14:30.3	-	(55:48.8)
19.	436 Nef	Hansueli	Niederteufen	1979	13:20.9	14:49.9	15:17.3	14:34.4	-	(58:02.5)
20.	441 Wenger	Jörg	Schwarzenegg	1979	15:09.2	16:12.2	-	-	-	(31:21.3)
21.	299 Nuesch	Samuel	Zuerich	1980	12:03.4	-	-	-	-	(12:03.4)
22.	372 Hassler	Marco	Chur	1977	13:04.7	-	-	-	-	(13:04.7)

Herren 3

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	351	Neff	Markus	Thal	1963	12:16.8	11:27.2	11:53.7	12:02.0	-	47:39.6
2.	363	Hartmann	Rainer	Zizers	1964	12:52.5	12:04.5	11:53.6	12:04.5	-	48:55.1
3.	219	Widmer	Andy	Altstätten	1960	12:51.9	12:04.8	12:08.4	12:31.2	-	49:36.3
4.	9	Spescha	Sepp	Chur	1964	13:45.5	12:53.4	13:08.2	12:52.5	-	52:39.6
5.	292	Cadonau	Gion	Flond	1963	13:45.9	13:06.0	13:27.5	13:03.4	-	53:22.8
6.	168	Sonderegger	Sepp	Altstätten	1959	13:46.5	13:05.8	13:26.8	13:22.7	-	53:41.7
7.	238	Winder	Rudi	Widnau	1963	13:45.7	13:16.6	13:20.4	13:22.8	-	53:45.5
8.	439	Steiner	Dölf	Linden	1959	13:32.4	13:25.0	13:22.4	13:52.3	-	54:12.1
9.	260	Ott	Daniel	Mörschwil	1966	13:55.9	13:39.0	13:34.9	13:39.8	-	54:49.6
10.	15	Seeli	Ruedi	Vuorz	1962	13:45.3	13:49.6	14:00.3	14:08.8	-	55:44.0
11.	440	Bürki	Hans	Thun	1961	15:06.4	15:43.7	15:42.8	16:21.6	-	01:02:54.5
12.	388	Altherr	Hansruedi	Arnegg	1960	15:48.2	15:50.4	15:34.6	15:54.4	-	01:03:07.5
13.	200	Waser	Hampi	Au	1951	16:38.3	17:38.2	22:31.7	-	-	(56:48.3)
14.	181	Rieser	Marcel	Wittenbach	1960	12:52.4	12:23.3	-	-	-	(25:15.7)
15.	130	Koller	Christof	Altstätten	1962	13:28.4	13:49.6	-	-	-	(27:18.0)

U7 männlich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	423	Forlin	Fabry	Sargans	2006	02:00.5	02:13.6	-	-	-	04:14.1
2.	223	Dähler	Luca	Walenstadt	2006	02:13.4	02:23.3	-	-	-	04:36.8
3.	214	Baumeler	Thierry	Staad	2006	02:15.2	02:29.3	-	-	-	04:44.5
4.	147	Piringer	JANNIK	Fussach	2006	02:24.8	02:25.6	-	-	-	04:50.4
5.	107	Acker	Louis	Klaus	2007	02:25.8	02:45.1	-	-	-	05:10.9
6.	255	Pfanner	Valentin	Hard	2007	02:36.1	02:38.4	-	-	-	05:14.5
7.	251	Gätzi	Tom	Walenstadt	2006	02:45.9	02:29.2	-	-	-	05:15.1
8.	406	Rutzer	Livio	Walenstadt	2006	02:56.9	02:25.1	-	-	-	05:22.0
9.	400	Kral	Matej	Knoblisbuehl	2006	02:50.4	02:45.8	-	-	-	05:36.2
10.	317	Giger	Lars	Berschis	2006	02:51.1	02:48.4	-	-	-	05:39.4
11.	369	Loher	Lerino	Altstätten	2007	02:51.0	02:56.9	-	-	-	05:47.9
12.	212	Hinteregger	Nico	Höchst	2006	02:50.0	02:58.4	-	-	-	05:48.5
13.	389	Eberle	Pirmin	Walenstadt	2006	03:15.8	02:34.8	-	-	-	05:50.5
13.	133	Wohlgenannt	Fabrizio	Dornbirn	2006	02:49.7	03:01.0	-	-	-	05:50.6
15.	419	Däscher	Nils	Schiers	2006	03:00.7	02:57.3	-	-	-	05:58.0
16.	377	Gütl	Pius	Dornbirn	2007	02:53.8	03:04.8	-	-	-	05:58.6
17.	398	Dudler	Fabio	Thal	2006	02:47.5	03:19.0	-	-	-	06:06.5
18.	378	Scheiber	Mike	Walenstadt	2006	03:12.2	02:55.1	-	-	-	06:07.3
19.	425	Knaus	Manuel	Ruggell	2007	03:31.5	02:50.6	-	-	-	06:22.1
20.	371	Wildhaber	Fabrice	Walenstadt	2007	03:12.0	03:24.6	-	-	-	06:36.6
21.	424	Forlin	Noe	Sargans	2008	03:37.1	03:01.9	-	-	-	06:38.9

22.	114 Heule-Lampert	Maximilian	Widnau	2007	03:40.9	03:00.2	-	-	-	06:41.1
23.	370 Broder	Andraia	Walenstadt	2007	03:41.7	03:13.2	-	-	-	06:54.9
24.	422 Giger	Donatus	Vilters	2006	03:37.1	03:42.1	-	-	-	07:19.2
25.	427 Schukraft	Luca	Thal	2008	03:56.6	03:40.8	-	-	-	07:37.4
26.	139 Kalberer	Flurin	Tscherlach	2007	04:20.9	03:23.0	-	-	-	07:43.9
27.	382 Gubser	Timo	Walenstadt	2007	03:58.2	03:46.5	-	-	-	07:44.8
28.	412 Wildhaber	Janosch	Walenstadtberg	2006	04:18.5	03:45.4	-	-	-	08:03.9
29.	330 Grab	Timo	Thal	2007	04:04.1	04:03.9	-	-	-	08:08.0
30.	411 Jäger	Nico	Walenstadt	2008	05:00.8	04:58.1	-	-	-	09:58.8
31.	6 Pugliese	Luca	Walenstadt	2009	06:13.8	-	-	-	-	(06:13.8)
32.	384 Eder	Jonas	Widnau	2007	10:15.4	-	-	-	-	(10:15.4)

U7 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	269	Bartz	Helene	Walenstadt	2006	02:55.1	02:37.2	-	-	-	05:32.3
2.	4	Scharf	Rebekka	Lauterach	2006	02:48.4	02:44.1	-	-	-	05:32.5
3.	171	Heine	Priya	Hard	2006	02:58.2	02:47.6	-	-	-	05:45.8
4.	140	Kalberer	Mia	Tscherlach	2006	03:04.3	03:06.1	-	-	-	06:10.4
5.	364	Wildhaber	Lara	Walenstadt	2006	03:08.8	03:02.3	-	-	-	06:11.1
6.	409	Jäger	Mona	Walenstadt	2006	03:06.4	03:13.6	-	-	-	06:19.9
7.	426	Cinesi	Genziana	Thal	2006	03:19.7	03:01.3	-	-	-	06:21.0
8.	383	Eder	Jael	Widnau	2006	03:25.2	03:53.5	-	-	-	07:18.7
9.	303	Hirsbrunner	Sara	Oberschan	2006	03:57.8	03:31.4	-	-	-	07:29.2
10.	250	Gätzi	Nina	Walenstadt	2008	05:26.5	04:34.9	-	-	-	10:01.3
11.	5	Pugliese	Laura	Walenstadt	2006	06:27.5	03:53.7	-	-	-	10:21.1

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Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	174	Krueger	Benjamin	Gestratz	2004	01:29.6	01:37.9	01:40.2	-	-	04:47.7
2.	16	Moosbrugger	Nils	Hohenems	2004	01:34.3	01:47.6	01:47.6	-	-	05:09.4
2.	18	Püntener	Romano	Schaan	2004	01:32.2	01:49.5	01:47.9	-	-	05:09.5
4.	184	Stigger	Lars	Haiming	2004	01:33.9	01:45.5	01:56.1	-	-	05:15.5
5.	137	Gütl	Kilian	Dornbirn	2004	01:45.7	01:43.4	01:53.5	-	-	05:22.7
6.	240	Remmele	Jannik	Heimenkirch	2004	01:46.8	01:46.8	01:53.1	-	-	05:26.7
7.	191	Pfeffer	Max	Achberg	2004	01:44.5	01:56.4	02:05.6	-	-	05:46.4
8.	122	Mathis	Niklas	Hohenems	2004	01:49.4	01:56.9	02:01.7	-	-	05:48.1
9.	173	Knaus	Flavio	Ruggell	2004	01:49.3	01:59.7	02:00.7	-	-	05:49.7
10.	110	Ess	Nino	Lustenau	2004	01:51.4	01:58.8	02:00.8	-	-	05:51.0
11.	146	Piringer	Lukas	Fussach	2004	01:44.5	01:56.9	02:10.2	-	-	05:51.5
12.	213	Baumeler	Fabian	Staad	2004	02:04.3	01:54.5	02:06.7	-	-	06:05.4
13.	109	Burger	David	Übersaxen	2005	01:55.6	02:02.7	02:18.0	-	-	06:16.3
13.	309	Blöchlinger	Nanuk	Heiden	2004	02:06.4	02:07.8	02:02.3	-	-	06:16.4
15.	225	Dähler	Jan	Walenstadt	2004	02:05.0	02:08.6	02:08.2	-	-	06:21.7
16.	111	Giesinger	Leon	Hohenems	2005	02:09.4	02:06.6	02:06.9	-	-	06:22.9
17.	307	Jörger	Sven	Ilanz	2004	02:10.5	02:05.2	02:09.1	-	-	06:24.8
18.	266	Koller	Raphael	Haiming	2005	02:29.2	02:02.0	02:09.1	-	-	06:40.4
19.	157	Riem	Florian	Hard	2004	02:15.3	02:17.8	02:15.2	-	-	06:48.3
20.	386	Gruler	Felix	Berneck	2005	02:13.2	02:15.1	02:25.4	-	-	06:53.7
21.	127	Überbacher	Nico	Hohenems	2005	02:05.2	02:24.9	02:26.7	-	-	06:56.9
22.	17	Püntener	Marco	Schaan	2005	02:24.5	02:15.0	02:18.6	-	-	06:58.1
23.	373	Thoma	Silas	Flums	2004	02:38.5	02:15.7	02:11.7	-	-	07:06.0
24.	287	Kern	Joel	Bachenbülach	2004	02:23.5	02:23.3	02:23.3	-	-	07:10.0
25.	164	Pfanner	Tobias	Hard	2004	02:33.1	02:19.4	02:20.4	-	-	07:12.9
26.	300	Steiner	Tim	Tscherlach	2005	02:32.2	02:18.4	02:23.0	-	-	07:13.6

27.	415 Wolf	Christian	Buchen	2004	02:37.1	02:24.8	02:22.5	-	-	07:24.3
28.	123 Prisching	David	Hohenems	2005	02:40.4	02:24.0	02:23.7	-	-	07:28.2
29.	234 Weber	Nicolas	Walenstadt	2005	02:32.0	02:27.0	02:29.6	-	-	07:28.6
30.	313 Mannhart	Nico	Berschis	2005	02:36.8	02:30.8	02:30.8	-	-	07:38.4
31.	205 Walser	Mattia	Walenstadt	2005	02:28.4	02:40.0	02:49.4	-	-	07:57.8
32.	417 Däscher	Macy	Schiers	2004	03:23.8	02:28.1	02:31.0	-	-	08:22.8

U9 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	108	Acker	Filippa	Klaus	2004	01:39.7	01:54.2	01:53.7	-	-	05:27.6
2.	116	Hämmerle	Ramona	Höchst	2004	01:46.2	02:05.7	02:06.5	-	-	05:58.4
3.	145	Wurm	Eva - Maria	Hard	2004	01:45.3	02:16.0	02:08.6	-	-	06:10.0
4.	104	Pal	Isabell	Lustenau	2004	01:58.2	02:07.2	02:07.2	-	-	06:12.5
5.	19	Feurstein	Lisa	Dornbirn	2005	01:56.9	02:10.8	02:10.4	-	-	06:18.1
6.	121	Lussnig	Leonie	Klaus	2005	01:58.6	02:10.4	02:10.0	-	-	06:19.0
7.	91	Strimmer	Michelle	Dornbirn	2004	02:03.7	02:05.3	02:12.4	-	-	06:21.3
8.	391	Eberle	Sara	Walenstadt	2004	02:04.7	02:05.6	02:15.7	-	-	06:26.0
9.	21	Schraner	Mirjam	Altstätten	2005	02:03.5	02:10.5	02:21.1	-	-	06:35.1
10.	118	Lampert	Noemi	Hohenems	2005	02:01.4	02:08.4	02:27.7	-	-	06:37.6
11.	206	Walser	Leila	Walenstadt	2004	02:04.0	02:17.8	02:19.6	-	-	06:41.3
12.	115	Kräutler	Eileen	Altach	2005	02:09.2	02:20.1	02:19.4	-	-	06:48.7
13.	143	Fischer	Nora	Feldkirch	2005	02:10.6	02:19.8	02:22.3	-	-	06:52.8
14.	288	Hess	Nicola	Dornbirn	2005	02:19.7	02:27.2	02:35.8	-	-	07:22.7
15.	354	Veit	Paula	Hard	2004	02:14.7	02:35.0	02:49.9	-	-	07:39.6
16.	20	Hinder	Angelina	Fussach	2005	02:30.1	02:37.5	02:46.0	-	-	07:53.5
17.	329	Grab	Lena	Thal	2005	02:28.4	02:43.5	02:44.6	-	-	07:56.4
18.	296	Valaulta	Salome	Domat Ems	2004	02:24.2	03:02.3	-	-	-	(05:26.4)
19.	297	Valaulta	Enea Lia	Domat Ems	2005	02:31.4	02:58.7	-	-	-	(05:30.0)

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Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	68	Dudler	Andrin	Thal	2002	05:37.7	05:51.3	-	-	-	11:29.0
2.	26	Feurstein	Kilian	Dornbirn	2003	05:46.5	05:48.0	-	-	-	11:34.4
3.	128	Hämmerle	Sven	Höchst	2002	05:42.3	06:02.7	-	-	-	11:45.0
4.	33	Tasinato	Marco	Thal	2002	05:58.0	06:05.2	-	-	-	12:03.1
5.	246	Baumann	Janis	Igis	2002	06:15.7	05:48.0	-	-	-	12:03.6
6.	332	Hoendervangers	Ryan	Haiming	2003	06:04.1	06:14.7	-	-	-	12:18.8
7.	94	Winsauer	Johannes	Dornbirn	2002	06:21.4	06:00.7	-	-	-	12:22.1
8.	428	Weder	Justin	Diepoldsau	2002	06:14.8	06:17.9	-	-	-	12:32.7
9.	23	Cotti	Colin	Thal	2002	06:23.9	06:19.0	-	-	-	12:42.9
10.	32	Schneider	Philipp	Arbon	2002	06:21.0	06:22.5	-	-	-	12:43.5
11.	27	Grab	Nico	Thal	2003	06:25.0	06:19.3	-	-	-	12:44.3
12.	334	Gratzer	Andreas	Haiming	2003	06:12.7	06:36.0	-	-	-	12:48.7
13.	24	Cotti	Jannik	Thal	2002	06:28.5	06:28.7	-	-	-	12:57.2
14.	30	Oehy	Kim	Walenstadt	2003	06:33.0	06:26.6	-	-	-	12:59.6
15.	228	Hagspiel	Jakob	Dornbirn	2003	06:28.8	06:36.7	-	-	-	13:05.5
16.	217	Wildhaber	Niklas	Walenstadtberg	2002	06:33.6	06:45.5	-	-	-	13:19.1
17.	418	Däscher	Lars	Schiers	2002	06:46.3	06:37.5	-	-	-	13:23.8
18.	403	Fussenegger	Andre	Dornbirn	2003	06:39.0	07:00.2	-	-	-	13:39.2
19.	2	Langenegger	Sven	Walenstadt	2003	06:50.1	06:49.7	-	-	-	13:39.8
20.	89	Salvisberg	Ramon	Thal	2002	06:35.7	07:04.5	-	-	-	13:40.2
21.	28	Hinder	Julian	Fussach	2002	06:50.1	06:51.5	-	-	-	13:41.6
22.	31	Raimondi	Danilo	Thal	2002	06:47.4	07:03.4	-	-	-	13:50.8
23.	257	Deplazes	Julian	Sedrun	2002	06:45.2	07:18.7	-	-	-	14:03.8

24.	166 Geiger	Julian	Dornbirn	2003 07:08.5	07:08.9	-	-	-	14:17.3
25.	390 Eberle	Andreas	Walenstadt	2003 06:53.3	07:26.3	-	-	-	14:19.6
26.	321 Fussenegger	Jakob	Dornbirn	2003 07:11.5	07:32.0	-	-	-	14:43.5
27.	201 Schlegel	Jonas	Mauren	2002 07:24.1	07:22.4	-	-	-	14:46.5
28.	320 Fussenegger	Kilian	Dornbirn	2003 07:23.1	07:33.4	-	-	-	14:56.4
29.	222 Dähler	Philipp	Walenstadt	2003 07:47.0	07:11.0	-	-	-	14:58.0
30.	78 Csar	Martin	Dornbirn	2003 07:46.0	07:41.1	-	-	-	15:27.0
31.	124 Prisching	Tobias	Hohenems	2003 08:15.1	07:32.7	-	-	-	15:47.8
32.	301 Gazzarin	Noah	Walenstadt	2002 07:55.2	08:15.3	-	-	-	16:10.5
33.	207 Veljovic	Luca-Ilija	Fussach	2003 07:47.2	08:34.6	-	-	-	16:21.7
34.	327 Bürer	Gian-Luca	Walenstadt	2003 08:12.0	08:22.7	-	-	-	16:34.7
35.	25 Dürr	Noe	Eichberg	2003 08:22.5	08:17.8	-	-	-	16:40.3
36.	132 Wohlgenannt	Luca	Dornbirn	2003 08:23.7	08:39.9	-	-	-	17:03.6

U11 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	65	Schmid	Vera	Marbach	2002	05:52.7	05:56.1	-	-	-	11:48.8
2.	138	Kalberer	Lea	Tscherlach	2002	06:30.5	06:49.1	-	-	-	13:19.6
3.	119	Lampert	Ronja	Koblach	2003	06:33.3	06:47.8	-	-	-	13:21.1
4.	337	Kirschner	Elisa	Haiming	2002	06:43.7	06:58.0	-	-	-	13:41.7
5.	333	Gratzer	Viktoria	Haiming	2003	06:44.4	07:00.9	-	-	-	13:45.3
6.	35	Schraner	Celine	Altstätten	2003	07:01.5	06:56.3	-	-	-	13:57.8
7.	36	Wildhaber	Gina	Walenstadt	2003	07:18.7	07:08.4	-	-	-	14:27.1
8.	156	Lea	Riem	Hard	2002	07:08.6	07:19.3	-	-	-	14:27.9
9.	336	Auf der Klamm	Jordana	Haiming	2002	07:12.5	07:16.3	-	-	-	14:28.8
10.	358	Hollenstein	Mareen	Schaan	2002	07:02.8	07:29.6	-	-	-	14:32.4
11.	112	Giesinger	Vanessa	Hohenems	2003	07:17.5	07:28.4	-	-	-	14:45.9
12.	3	Fässler	Susanne	Weissbad	2002	07:39.5	07:42.8	-	-	-	15:22.3
13.	71	Loher	Aiyana	Altstätten	2003	07:24.6	08:18.4	-	-	-	15:43.0
14.	347	Leitner	Maria	Haiming	2003	07:37.5	08:16.6	-	-	-	15:54.1
15.	163	Cinesi	Aurelia	Thal	2003	07:38.8	08:19.9	-	-	-	15:58.7
16.	76	Frick	Kristina	Triesen	2002	07:49.3	08:23.1	-	-	-	16:12.4
17.	293	Mensing	Gioia	Ilanz	2003	08:20.1	08:35.2	-	-	-	16:55.2
18.	268	Bartz	Pauline	Walenstadt	2003	08:16.9	08:43.7	-	-	-	17:00.6
19.	117	Kräutler	Leonie	Altach	2003	09:09.5	09:05.9	-	-	-	18:15.3
20.	328	Hess	Elena	Walenstadt	2003	09:58.0	09:13.0	-	-	-	19:10.9
21.	312	Mannhart	Melina	Berschis	2003	09:23.3	10:00.5	-	-	-	19:23.7
22.	236	Hess	Laura	Walenstadt	2002	10:16.1	-	-	-	-	(10:16.1)

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Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	92	Strimmer	Luca	Dornbirn	2000	06:13.2	06:17.5	-	-	-	12:30.7
2.	159	Valaulta	Silas	Domat Ems	2000	06:23.2	06:30.2	-	-	-	12:53.3
3.	290	Bair	Mario	Ötztal-Bhf.	2001	06:32.1	06:26.8	-	-	-	12:58.8
4.	175	Krueger	Maximilian	Gestratz	2001	06:29.2	06:30.0	-	-	-	12:59.1
5.	37	Alicke	Konstantin	Balzers	2000	06:37.4	06:45.2	-	-	-	13:22.6
6.	275	Kofler	Gabriel	Hohenems	2000	06:49.3	06:36.0	-	-	-	13:25.3
7.	342	Pohl	Ronald	Haiming	2000	06:49.2	06:52.9	-	-	-	13:42.1
8.	344	Kirschner	Maximilian	Haiming	2000	06:59.1	07:06.9	-	-	-	14:06.1
9.	39	Thür	Stiven	Berneck	2001	07:00.3	07:09.8	-	-	-	14:10.1
10.	106	Schaffhauser	Ivo	Roggwil	2000	07:00.7	07:11.7	-	-	-	14:12.4
11.	197	Paterno	Benedikt	Dornbirn	2001	07:13.1	07:14.5	-	-	-	14:27.6
11.	294	Mensing	Mauro	Ilanz	2001	07:15.7	07:12.0	-	-	-	14:27.7
13.	306	Jörger	Jan	Ilanz	2001	07:20.9	07:14.3	-	-	-	14:35.2

14.	149 Wagner	Jeremias	Thal	2001	07:39.8	07:19.6	-	-	-	14:59.4
15.	272 Gastl	Lukas	Altach	2000	07:26.0	07:35.2	-	-	-	15:01.2
16.	429 Fässler	Simon	Weissbad	2001	07:43.9	07:22.0	-	-	-	15:06.0
17.	199 Fuster	Sean	Thal	2000	07:38.8	07:35.8	-	-	-	15:14.6
18.	368 Derungs	Sabrin	Vella	2001	07:43.1	07:32.0	-	-	-	15:15.0
19.	408 Inauen	Rouven	Appenzell Steinegg	2000	07:45.0	07:41.9	-	-	-	15:26.9
20.	103 Pal	Elias	Lustenau	2001	07:48.2	07:43.7	-	-	-	15:31.9
21.	165 Geiger	Mathias	Dornbirn	2001	07:47.6	07:51.5	-	-	-	15:39.1
22.	135 Stillhart	Pascal	Fontnas	2001	07:44.2	07:57.7	-	-	-	15:41.9
23.	169 Benz	Silas	Marbach	2000	08:02.0	07:46.8	-	-	-	15:48.8
24.	247 Rodighiero	Renato	Appenzell Steinegg	2000	08:02.0	07:48.6	-	-	-	15:50.5
25.	248 Rodighiero	Ramon	Appenzell Steinegg	2001	08:02.8	07:48.3	-	-	-	15:51.1
26.	73 Santschi	Steven	Schaanwald	2001	07:57.0	07:55.0	-	-	-	15:52.0
27.	271 Ess	Aaron	Lustenau	2001	08:00.8	08:00.2	-	-	-	16:01.0
28.	141 Kalberer	Andri	Tscherlach	2001	07:47.8	08:20.5	-	-	-	16:08.3
29.	319 Spiess	Dave	Kriessern	2001	08:23.8	08:02.1	-	-	-	16:25.9
30.	77 Frick	Sebastian	Triesen	2001	08:17.9	08:17.1	-	-	-	16:35.0
31.	414 Wolf	Jan	Buchen	2001	08:01.2	08:35.0	-	-	-	16:36.2
32.	8 Spescha	Janis	Chur	2001	08:21.8	08:18.0	-	-	-	16:39.7
33.	326 Bürge	Oliver	Walenstadt	2001	08:19.4	08:22.7	-	-	-	16:42.1
34.	102 Kessler	Miguel	Widnau	2001	08:34.4	08:52.6	-	-	-	17:27.0
35.	298 Thaler	Samuel	Fussach	2001	08:46.9	08:43.2	-	-	-	17:30.2
36.	421 Giger	Aaron	Vilters	2000	08:38.7	09:01.8	-	-	-	17:40.5
37.	361 Schäpper	Julian	Wittenbach	2000	08:52.9	09:11.9	-	-	-	18:04.8
38.	7 Hirsbrunner	Cristian	Oberschan	2001	08:57.5	09:30.6	-	-	-	18:28.0
39.	376 Giger	Jeffrey	St. Gallen	2000	08:22.8	-	-	-	-	(08:22.8)

U13 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	183	Stigger	Laura	Haiming	2000	06:37.5	06:40.6	-	-	-	13:18.1
2.	340	Herz	Celina	Haiming	2000	06:55.3	07:20.0	-	-	-	14:15.3
3.	341	Leitner	Viktoria	Haiming	2000	07:19.5	07:33.4	-	-	-	14:52.9
4.	308	Blöchlinger	Ronja	Heiden	2001	07:31.2	07:25.1	-	-	-	14:56.3
5.	229	Hämmerle	Paula	Dornbirn	2000	07:30.3	07:37.9	-	-	-	15:08.2
6.	152	Bandel	Fabienne	Lüchingen	2000	07:38.6	07:59.1	-	-	-	15:37.6
7.	42	Klaiber	Giara	Altstätten	2001	07:55.0	07:48.5	-	-	-	15:43.5
8.	69	Harangozo	Desere	Höchst	2001	07:55.6	08:07.7	-	-	-	16:03.2
9.	155	Riem	Nadja	Hard	2001	07:55.4	08:16.2	-	-	-	16:11.6
10.	357	Hollenstein	Lona	Schaan	2000	08:12.0	08:16.3	-	-	-	16:28.3
11.	144	Wurm	Laura	Hard	2001	08:01.4	08:44.6	-	-	-	16:46.0
12.	41	Dürr	Sira	Eichberg	2000	08:21.4	09:01.4	-	-	-	17:22.8
13.	162	Pfanner	Sophia	Hard	2001	08:26.1	09:03.6	-	-	-	17:29.7
14.	75	Keller	Sina	Steinach	2001	08:37.6	08:53.3	-	-	-	17:30.9
15.	379	Steiger	Joana	Altstätten	2001	08:36.3	08:55.4	-	-	-	17:31.6
16.	40	Dürr	Chiara	Eichberg	2000	08:37.6	09:18.1	-	-	-	17:55.7
17.	72	Loher	Lorena	Altstätten	2001	08:42.7	09:26.6	-	-	-	18:09.2
18.	1	Langenegger	Anja	Walenstadt	2001	08:47.4	09:23.9	-	-	-	18:11.3
19.	413	Wolf	Kathrin	Buchen	2000	09:13.1	09:22.1	-	-	-	18:35.2
20.	285	Werner	Lea	St. Gallen	2000	10:09.0	10:24.5	-	-	-	20:33.5

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Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
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1.	47 Egli	Rouven	Eichberg	1999	12:29.0	12:20.3	-	-	-	24:49.3
2.	150 Wagner	Elias	Thal	1998	12:28.0	12:40.7	-	-	-	25:08.7
3.	167 Marxer	Julius	Nendeln	1998	12:48.0	12:30.7	-	-	-	25:18.7
4.	45 Dürr	Steven	Eichberg	1998	12:27.0	13:05.3	-	-	-	25:32.3
5.	64 Schmid	Jan	Marbach	1998	12:37.0	13:13.2	-	-	-	25:50.2
6.	211 Zünd	Nico	Widnau	1999	13:01.0	13:02.8	-	-	-	26:03.8
7.	348 Wohlgenannt	Hannes	Dornbirn	1998	13:15.8	13:09.8	-	-	-	26:25.6
8.	231 Hermann	Luca	Sennwald	1998	13:29.5	13:17.6	-	-	-	26:47.1
9.	80 Ilg	Pius	Dornbirn	1999	13:24.0	13:44.5	-	-	-	27:08.6
10.	295 Mensing	Dario	Ilanz	1998	13:25.6	13:47.4	-	-	-	27:13.0
11.	160 Gabriel	Nico	Dornbirn	1998	13:33.4	13:42.4	-	-	-	27:15.8
12.	188 Niebauer	Jannick	Scheidegg	1998	13:38.6	13:47.8	-	-	-	27:26.5
13.	318 Spiess	Robin	Kriessern	1998	13:27.1	14:09.7	-	-	-	27:36.7
14.	289 Bair	Daniel	Ötztal-Bhf.	1999	13:58.4	13:50.8	-	-	-	27:49.2
15.	88 Rickli	Simon	Thal	1999	14:02.6	13:47.6	-	-	-	27:50.1
15.	131 Vogel	Alex	Wittenwil	1999	13:40.4	14:09.8	-	-	-	27:50.2
17.	305 Bereuter	Florian	Hittisau	1999	13:55.1	14:23.1	-	-	-	28:18.1
18.	44 Brocker	Damian	Lüchingen	1999	13:57.7	14:37.8	-	-	-	28:35.4
19.	420 Giger	Jerimia	Vilters	1998	14:27.7	14:12.3	-	-	-	28:40.0
20.	48 Gervasoni	Timo	Walenstadt	1998	14:15.4	14:37.3	-	-	-	28:52.7
21.	215 Wildhaber	Sebastian	Walenstadtberg	1998	14:26.8	14:40.7	-	-	-	29:07.5
22.	279 Pesut	Nino	Altach	1999	14:02.2	15:13.3	-	-	-	29:15.5
23.	158 Pal	Simon	Lustenau	1998	14:50.3	14:44.8	-	-	-	29:35.1
24.	273 Keckeis	Benjamin	Hohenems	1999	14:53.2	14:52.4	-	-	-	29:45.6
25.	360 Gartmann	Mika	Valens	1999	14:54.9	14:53.7	-	-	-	29:48.6
26.	387 Gruler	Hannes	Berneck	1998	14:44.5	15:44.8	-	-	-	30:29.4
27.	241 Remmele	Alexander	Heimenkirch	1999	15:08.0	15:37.3	-	-	-	30:45.3
28.	51 Stofer	Benj	Rorschacherberg	1999	14:54.1	15:52.2	-	-	-	30:46.3
29.	46 Egler	Jonas	Thal	1998	16:05.2	14:43.4	-	-	-	30:48.6
30.	365 Motzer	Melven	Thal	1999	15:20.8	15:29.4	-	-	-	30:50.2
31.	262 Camenisch	Marcel	Walenstadtberg	1998	15:08.3	15:50.1	-	-	-	30:58.4
32.	283 Lehmann	Fabio	Wilten	1999	15:50.5	15:21.6	-	-	-	31:12.1
33.	49 Höhener	Gian Andrin	Goldach	1999	15:36.0	16:04.8	-	-	-	31:40.8
34.	374 Däppen	Andrea	Chur	1999	15:54.6	16:33.4	-	-	-	32:27.9
35.	53 Wildhaber	Jannik	Walenstadt	1999	16:22.3	16:36.4	-	-	-	32:58.8
36.	196 Hollenstein	Charlie	St. Gallen	1999	16:31.3	16:28.2	-	-	-	32:59.5
37.	52 Stofer	Marco	Rorschacherberg	1999	16:21.4	17:27.6	-	-	-	33:48.9
38.	267 Wirth	Florian	Roggwil	1998	16:23.0	17:28.6	-	-	-	33:51.5
39.	375 Bricalli	Andrea	Chur	1999	16:43.8	18:34.7	-	-	-	35:18.5
40.	244 Matter	Cyril	Rebstein	1999	18:12.0	20:27.7	-	-	-	38:39.7
41.	323 Berther	Curdin	St. Gallen	1999	19:03.5	21:22.2	-	-	-	40:25.7
42.	226 Matzer	Luca Nando	Thal	1998	13:28.9	-	-	-	-	(13:28.9)

U15 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	153	Bandel	Vanessa	Lüchingen	1998	13:21.7	13:19.2	-	-	-	26:40.9
2.	345	Kopp	Chiara	Haiming	1999	14:04.9	14:45.7	-	-	-	28:50.6
3.	237	Pauline	Paterno	Dornbirn	1999	14:36.6	15:24.9	-	-	-	30:01.5
4.	195	Wüst	Lea	Thal	1999	15:28.0	15:59.5	-	-	-	31:27.5
5.	286	Hess	Emma	Dornbrin	1999	15:27.0	17:42.4	-	-	-	33:09.5
6.	54	Schneider	Martina	Arbon	1999	17:37.6	17:54.4	-	-	-	35:32.0
7.	367	Stillhart	Saskia	Fontnas	1998	17:51.8	18:49.4	-	-	-	36:41.3
8.	302	Lei	Kim	Balgach	1999	18:54.5	18:59.9	-	-	-	37:54.5

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Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	59	Thoma	Dario	Walenstadt	1997	10:58.3	11:28.7	11:41.5	-	-	34:08.5
2.	83	Langenegger	Luca	Appenzell Steinegg	1997	10:58.5	11:45.0	11:51.9	-	-	34:35.4
3.	34	Inauen	Benjamin	Appenzell- Steinegg	1996	10:59.6	11:50.9	11:55.7	-	-	34:46.1
4.	101	Müggler	Remo	Thal	1996	11:42.6	12:11.8	12:15.9	-	-	36:10.4
5.	192	Katzer	Manuel	Weiler	1996	11:53.1	12:25.2	12:03.8	-	-	36:22.0
6.	84	Neff	Silvan	Appenzell Steinegg	1997	11:53.5	12:23.6	12:14.0	-	-	36:31.0
7.	346	Handl	Philip	Haiming	1996	11:52.4	12:25.0	12:19.6	-	-	36:37.0
8.	249	Blöchlinger	Noah	Heiden	1996	11:42.1	12:37.6	12:26.1	-	-	36:45.8
9.	93	Fäh	Dejan	Churwalden	1997	12:09.5	12:29.3	12:15.9	-	-	36:54.7
10.	55	Bonderer	Fabian	Malans	1997	11:51.5	12:47.4	12:16.0	-	-	36:54.9
11.	242	Remmele	Niklas	Heimenkirch	1997	12:26.8	12:31.9	12:50.5	-	-	37:49.3
12.	280	Pettinger	Maximilian	Viktorsberg	1997	12:29.4	12:49.8	12:44.4	-	-	38:03.6
13.	274	Kofler	Johannes	Hohenems	1996	12:28.7	13:18.0	12:43.8	-	-	38:30.4
14.	57	Seeli	Lauro	Vuorz	1996	12:29.6	13:17.5	12:47.1	-	-	38:34.2
15.	194	Wüst	Michael	Thal	1997	12:43.4	13:04.1	12:51.8	-	-	38:39.3
16.	335	Gertsch	Philip	Heerbrugg	1996	12:42.3	13:35.7	13:54.9	-	-	40:12.9
17.	186	Hözlner	Christian	Lindenberg	1996	13:14.4	13:49.2	14:02.1	-	-	41:05.7
18.	56	Keller	Nico	Steinach	1997	13:24.9	14:02.2	14:36.5	-	-	42:03.5
19.	60	Treichler	Lucas	Eichberg	1997	13:13.7	14:13.1	15:16.4	-	-	42:43.2
20.	221	Schläpfer	Moritz	St. Gallen	1996	13:43.4	14:58.3	15:04.9	-	-	43:46.6
21.	180	Karrer	Claudio	Cazis	1996	14:17.9	15:21.3	15:08.6	-	-	44:47.7
22.	404	Ulmann	Samuel	Oberegg	1997	14:21.9	15:20.0	15:29.1	-	-	45:11.0
23.	277	Schwar	Lukas	Hohenems	1996	14:41.8	15:56.1	15:09.6	-	-	45:47.5
24.	218	Banzer	Gordian	Triesen	1996	11:24.2	12:30.9	-	-	-	(23:55.1)

U17 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	70	Loher	Giuliana	Altstätten	1997	14:18.9	14:13.4	14:10.3	-	-	42:42.6
2.	61	Stieger	Nadine	Altstätten	1997	14:31.3	14:19.9	14:05.4	-	-	42:56.6
3.	209	Fässler	Nadja	Weissbad	1996	14:48.5	14:22.5	14:06.0	-	-	43:17.0
4.	349	Wohlgenannt	Selina	Dornbirn	1997	15:28.6	15:18.4	15:20.2	-	-	46:07.2
5.	210	Hensel	Cristina	Thal	1996	15:18.9	15:32.6	15:56.6	-	-	46:48.2
6.	431	Oberhofer	Sarah	Tarrenz	1997	15:33.7	16:11.0	16:23.5	-	-	48:08.2
7.	432	Oberhofer	Marina	Tarrenz	1996	16:23.8	16:34.8	17:10.9	-	-	50:09.5

U19 männlich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	291	Hubacher	Lars	Oberdorf	1995	10:45.5	11:17.5	11:14.6	10:44.4	-	44:02.0
2.	304	Hagspiel	Elias	Hittisau	1994	10:44.6	11:18.0	11:14.4	10:51.9	-	44:08.9
3.	67	Vitzthum	Simon	Rheineck	1995	10:44.2	11:18.1	11:15.0	10:52.0	-	44:09.2
4.	324	Gasperi	Marco	Dornbirn	1995	10:45.1	11:18.5	11:14.5	10:58.3	-	44:16.4
5.	82	Langenegger	Fabian	Appenzell Steinegg	1994	10:47.0	11:57.7	12:03.1	11:46.0	-	46:33.9
6.	352	Neff	Lukas	Thal	1995	11:42.2	11:46.9	11:52.6	11:35.7	-	46:57.2
7.	85	Neff	Pascal	Appenzell Steinegg	1995	11:41.7	12:19.0	12:25.6	12:08.5	-	48:34.7
8.	193	Wüst	Christian	Thal	1994	11:47.1	12:09.2	12:31.4	12:10.0	-	48:37.8
9.	178	Conrad	Fabio	Zizers	1995	11:51.6	12:09.7	12:34.3	12:30.1	-	49:05.6
10.	203	Hoess	Sebastian	Lindenberg	1995	11:47.2	12:09.3	12:27.7	13:10.3	-	49:34.5
11.	185	Eisenbarth	Pirmin	Lindau	1995	11:45.6	12:51.5	13:09.3	12:40.2	-	50:26.7

12.	62 Schober	Sandro	Thal	1995	12:11.0	13:24.9	12:50.7	12:09.8	-	50:36.3
13.	366 Motzer	Kilian	Thal	1994	11:51.5	13:04.8	13:16.6	13:07.8	-	51:20.6
14.	230 Munschau	Richard	Lindenberg im Allgäu	1995	12:22.5	13:13.4	13:57.8	13:39.4	-	53:13.1
15.	359 Altherr	Anian	Arnegg	1995	13:11.2	13:45.9	13:59.7	13:52.2	-	54:48.9

U19 weiblich

Rang	Nr	Name	Vorname	Ort	Jg	1	2	3	4	5	Gesamtzeit
1.	96	Mügglers	Eliane	Thal	1994	13:33.7	13:43.6	13:20.8	-	-	40:38.0
2.	95	Inauen	Deborah	Appenzell	1994	13:33.4	13:44.5	13:22.3	-	-	40:40.2
3.	433	Katzer	Franziska	Weiler	1994	14:08.7	14:09.1	14:13.1	-	-	42:30.9
4.	381	Nay	Alessia	Zizers	1995	14:29.0	14:54.0	14:30.9	-	-	43:53.9